**STAFF PROFILE**

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| PERSONAL DETAILS |
| Name | DR. PAULINE THUKU |
| Position | LECTURER |
| Department | SOCIAL SCIENCES |
| Area of specialization | SOCIOLOGY |
| Address | 2212-10100, NYERI |
| Corporate email | pthuku@karu.ac.ke |
| Personal email | pwanjirut@gmail.com |
| ACADEMIC BACKGROUND (start with the latest) |
| # | **From** | **To** | **Institution** | **Qualification** | **Year of Graduation** |
|  | 2008 | **2015** | Kenyatta University | PhD (Sociology) | 2015 |
|  | 2002 | **2005** | University of Nairobi | M.A. Sociology (Counselling) | 2005 |
|  | 1992 | **1996** | Kenyatta University | B. Ed (Home Economics) | 1996 |
|  | 1987 | **1990** | Bishop Gatimu Girls H. S. | K.C.S.E | 1990 |
| WORK EXPERIENCE |
| # | **From** | **To** | **Position held** | **Employer** |
| 1. | 2016 | NOW | Lecturer | Karatina University |
| 2. | 2006 | 2016 | Lecturer/Deputy Head of Department | T.S.C- Nyeri National Polytechnic |
| 3. | 2004 | 2006 | Lecturer/Deputy Head of Department | T.S.C- Kagumo Teachers’ College |
| 4. | 1997 | 2004 | Teacher/ Boarding Mistress | T.S.C- Mwasere Girls High School |

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| MEMEBRSHIP IN PROFESSIONAL BODIES |
| # | **Body** | **Member since** | **Role/Position** |
| 1. | KENYA ASSOCIATION OF GERONTOLOGY AND GERIATRICS (KAGG) | 2021 | Editorial Team Member, KAGG Newsletter |
| 2. | INTERNATIONAL SOCIETY FOR QUALITY-OF-LIFE STUDIES (ISQOLS) | 2020 | Member |
| 3. |  |  |  |
| 4. |  |  |  |
| PUBLICATIONS |
| # | **Title** | **Publisher** | **Authors list** | **Date** |
| 1. | Psycho-Social, Financial and Health Predictors of a Quality Retirement Life: A Kenyan Case | International Journal of Education and Research | Thuku, P.  | July, 2019 |
| 2. | The Relationship between PsychosocialPreparation for Retirement and Quality of Life of Retirees in Kenya | International Journal of Social Science and Humanities Research | Thuku, P., Maina, L. & Gecaga, M. | September, 2016 |
| 3. | Influence of Socio-demographic Factors on Quality of Life of Retirees in Kenya | Imperial Journal of Interdisciplinary Research | Thuku, P. | January, 2016 |
|  |  |  |  |  |
| CONFERENCES ATTENDED |
| # | **Year** | **Conference name and Venue** |
| 1. | **2020** | International Society for Quality-of-Life Studies (ISQOLS) Virtual Conference |
| 2. | **2017** | International Conference on Cohesion and Integration- Karatina University, Kenya |
| 3. | **2016** | 2nd IAGG Africa Region Conference of Gerontology and Geriatrics- Nairobi, Kenya |
| 4. |  |  |
| PAPERS PRESENTED IN CONFERENCES/SEMINARS |
| # | **Year** | **Conference name and Venue** | **Paper title** |
|  | **2020** | International Society for Quality-of-Life Studies – VIRTUAL ISQOLS 2020 Conference | Impact of the COVID-19 Pandemic on the Quality of Life of Older Persons in Rural Kenya |
| 2. | **2020** | International Society for Quality-of-Life Studies- VIRTUAL ISQOLS 2020 Conference | Life-Course Factors influencing Retirement Happiness in the Changing African Society |
| 3. |  |  |  |
| 4. |  |  |  |

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| TRAININGS ATTENDED |
| # | **Year** | **Training Name & Venue** |
| 1. | **2019** | **Pedagogical Skills Training, Karatina University** |
| 2. | **2019** | **Post-Graduate Supervisors’ Training, Karatina University** |
| 3. | **2018** | **Writing of Fundable Research Proposals, Karatina University** |
| 4. |  |  |
| AWARDS |
| # | **Year** | **Award** | **Awarding body** |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| CONSULTING EXPERIENCE |
| # | **Year** | **Client** | **Consultancy role** |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| COMMUNITY OUTREACH / VOLUNTARY SERVICE |
| # | **Year** | **Organization / Target Group** | **Role** | **Remarks** |
| 1. | 2019-2021 | Mumbuini Secondary School  | Mentor |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |

**Any other Information**